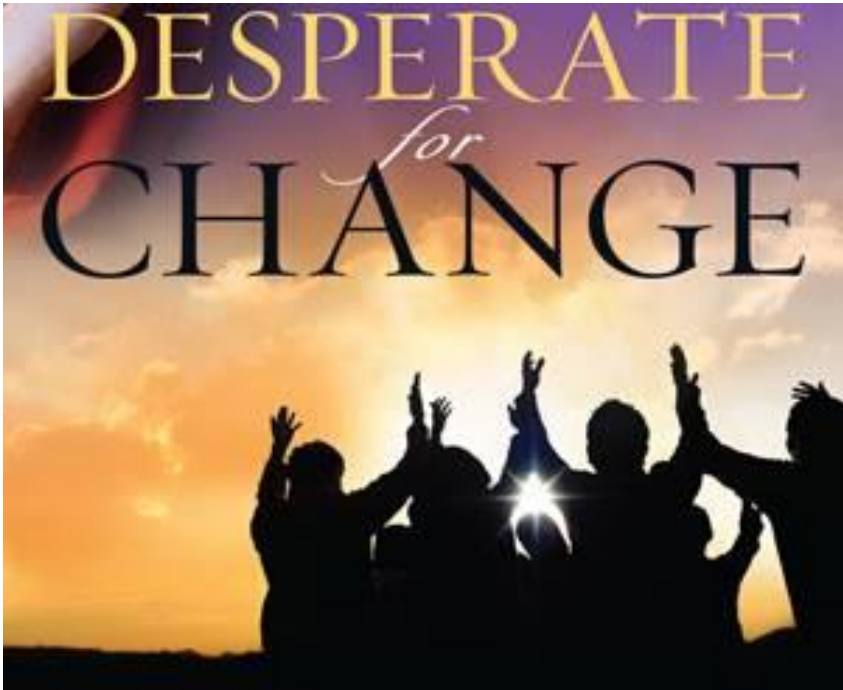


**2018 FCOG 40 DAY FAST**  
**MONDAY, JANUARY 1, 2018 – FRIDAY, FEBRUARY 9, 2018**  
**THE GREAT COMMISSION**  
**100% DEVOTED & INVESTED!**

**MATTHEW 28:18-20<sup>NLT</sup>**

*<sup>18</sup> Jesus came and told his disciples, “I have been given all authority in heaven and on earth. <sup>19</sup> Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. <sup>20</sup> Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.”*



**THANK YOU LORD FOR LEADING PASTOR ART BATTLE TO  
WRITE AND SHARE THIS MATERIAL.**



## PASTOR BATTLE'S NOTE

If you are reading this note, then please know that God has prepared you for a time such as this! I want to thank you in advance for committing to God the first 40 days of 2018 from January 1st through February 9th in your commitment to pray, fast, read Scripture, and focus on The Great Commission – Matthew 28:18-20<sup>NLT</sup> to be 100% Devoted & Invested in God!

### BACKGROUND

Our focus for the 2018 FCOG 40 Day Fast is – The Great Commission – 100% Devoted & Invested based upon Matthew 28:18-20<sup>NLT</sup> and Acts 2:42-47<sup>NLT</sup>.

*Matthew 28:18-20<sup>NLT</sup> 18 Jesus came and told his disciples, “I have been given all authority in heaven and on earth. 19 Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. 20 Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.”*

*Acts 2:42-47<sup>NLT</sup> 42 All the believers devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer. 43 A deep sense of awe came over them all, and the apostles performed many miraculous signs and wonders. 44 And all the believers met together in one place and shared everything they had. 45 They sold their property and possessions and shared the money with those in need. 46 They worshiped together at the Temple each day, met in homes for the Lord's Supper, and shared their meals with great joy and generosity— 47 all the while praising God and enjoying the goodwill of all the people. And each day the Lord added to their fellowship those who were being saved.*

In order for us to receive the fullness of what it means to be a Kingdom Building, disciple making church, we must be 100% Devoted & Invested in God in everything that we do. We must devote and invest ourselves in the Apostles' Teaching (Worship Services, Reading God's Word), Fellowship with each other in church and out of church, Sharing in Meals (The Lord's Supper, Eating Together at Events), and Prayer (Daily Prayer, Intercessory Prayer, Prayer Chain) in order to be truly united and have God bless us daily and bring new people into our midst.

## FOCUS & SCRIPTURE

For 2018, we will focus during our 40 Day Fast on the following statement:

“I will be 100% Devoted & Invested in living The Great Commission daily based upon Jesus’ Authority. I will Go & Make, Baptize, Teach and Be Sure that Christ is with me as I live out The Great Commission daily.”

We will also focus on the following Scripture during our 40 Day Fast: **Matthew 28:18-20**<sup>NLT</sup> <sup>18</sup> Jesus came and told his disciples, “I have been given all authority in heaven and on earth. <sup>19</sup> Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. <sup>20</sup> Teach these new disciples to obey all the commands I have given you. And be sure of this: I am with you always, even to the end of the age.”

## **PHYSICAL & SPIRITUAL APPLICATION**

For the 2018 FCOG 40 Day Fast – The Great Commission – 100% Devoted & Invested, each person will choose to complete either a Regular Fast or Partial Fast with limitation on Food as described herein.

### **Our 2018 FCOG 40 Day Fast will consist of five 8 Day Focuses:**

Jan. 1<sup>st</sup> – 8<sup>th</sup> *All Authority* / Jan. 9<sup>th</sup> – 16<sup>th</sup> *Go & Make* /

Jan. 17<sup>th</sup> – 24<sup>th</sup> *Baptize*

Jan. 25<sup>th</sup> – Feb. 1<sup>st</sup> *Teach* / Feb. 2<sup>nd</sup> – 9<sup>th</sup> *Be Sure*

During each 8 Day Focus we will read the Scripture and utilize the Spiritual Discipline of Lectio Divina (*definition on following page*) to gain greater spiritual insight and revelation regarding our relationship with Almighty God. We will pray and ask God daily to fill our Spirit with the answer for each 8 Day Focus. We will also use Christian Spiritual Formation Journaling (*definition on following page*) to journal on a daily basis what God reveals to you each day you focus on that statement during that 8 Day Focus. You may have multiple things or just one thing, but whatever God gives you write it down. At the conclusion of the 40 Day Fast, you will make a list of at least one thing out of each 8 Day Focus that you will work on and ask God to help you implement and apply it daily throughout 2017.

## **LECTIO DIVINA**

Life isn't a race to the end but rather a gift given moment by moment. If we want to experience the abundant life God offers, we have to release our controlling, productivity-oriented approach to engaging faith and Scripture. So how do we give Scripture a spacious place to work in our lives? The answer lies in the ancient Christian practice of Lectio Divina.

Lectio Divina (Latin for "divine reading") is an unhurried, contemplative reading of a portion of Scripture that can give us a great framework for experiencing God through Scripture, meditation, prayer, and contemplation. Practicing Lectio Divina begins when we withdraw to a quiet or still place, with no agenda, checklist, or anticipated outlook in mind.

### **STEP 1 – LECTIO – READ**

Slowly read the passage of Scripture while listening for God to speak through it. Look for any word or phrase that draws your attention and then begin to meditate upon it.

### **STEP 2 – MEDITATIO – MEDITATION**

Quietly reflect on the Scripture in God's presence and focus your affection and attention on God. Quietly reread the words He has led you to in Scripture and slowly interact and invite them to shed light on your thoughts and experiences. Permit God to connect these truths to your life as He reveals His truth and Will for you in all of it.

### **STEP 3 – ORATIO – PRAYER**

Respond to what God has spoken to you through Scripture in your conversational intimacy with God in prayer. Consecrate yourself and ask God to take His Word into the deepest and most intimate places in your life so that He might heal you and set you free (Luke 4:18).

### **STEP 4 – CONTEMPLATIO – CONTEMPLATION**

Finally, enter into contemplation, a time of rest. Entrust yourself to God and reflect on what He has spoken. Listen for any other words he may want to speak as you come to a place of reverence and silence once again as you are released to fulfill God's purposes for you that day.

In practicing regular times of Lectio Divina, you not only allow the Holy Spirit to remind you of who you are and what your mission is; you also grow in intimacy with God. As this intimacy deepens, you become more like Christ.

<http://www.biblegateway.com/blog/2012/09/lectio-divina-divine-reading/>

## **CHRISTIAN SPIRITUAL FORMATION JOURNALING**

There are many ways to gain a deeper relationship with and have greater revelation of the Lord. One of the most effective and useful tools you can use to draw closer to God is Christian Spiritual Formation Journaling. Every Christian should read and pray every day. It is a wonderful way to grow spiritually. However, through Christian Spiritual Formation Journaling, a Christian can grow even more because it takes more thought and motivation. Christian Spiritual Formation Journaling combines Scripture reading, a deeper analysis of God's teachings and prayer all into one. It is an excellent way to spend time with God and draw closer to Him. Christian Spiritual Formation Journaling is not the mere recording of facts about the day's events, and it is more than keeping a log or diary. Christian Spiritual Formation Journaling involves reflection, contemplation, and listening to the still small voice of God as He pours into your life His presence and holiness to form you more and more into the image of our Lord and Savior Jesus Christ.

## **FASTING SCRIPTURE REFERENCES**

**MATTHEW 6:16-18<sup>NLT</sup>**

<sup>16</sup> “And when you fast, don't make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get. <sup>17</sup> But when you fast, comb your hair and wash your face. <sup>18</sup> Then no one will notice that you are fasting, except your Father, who knows what you do in private. And your Father, who sees everything, will reward you.

**MATTHEW 9:14-17<sup>NLT</sup>**

<sup>14</sup> One day the disciples of John the Baptist came to Jesus and asked him, “Why don't your disciples fast like we do and the Pharisees do?” <sup>15</sup> Jesus replied, “Do wedding guests mourn while celebrating with the groom? Of course not. But someday the groom will be taken away from them, and then they will fast. <sup>16</sup> “Besides, who would patch old

clothing with new cloth? For the new patch would shrink and rip away from the old cloth, leaving an even bigger tear than before. <sup>17</sup> “And no one puts new wine into old wineskins. For the old skins would burst from the pressure, spilling the wine and ruining the skins. New wine is stored in new wineskins so that both are preserved.”

LUKE 18:9-14<sup>NLT</sup>

<sup>9</sup> Then Jesus told this story to some who had great confidence in their own righteousness and scorned everyone else: <sup>10</sup> “Two men went to the Temple to pray. One was a Pharisee, and the other was a despised tax collector. <sup>11</sup> The Pharisee stood by himself and prayed this prayer: ‘I thank you, God, that I am not a sinner like everyone else. For I don’t cheat, I don’t sin, and I don’t commit adultery. I’m certainly not like that tax collector!’ <sup>12</sup> I fast twice a week, and I give you a tenth of my income.’ <sup>13</sup> “But the tax collector stood at a distance and dared not even lift his eyes to heaven as he prayed. Instead, he beat his chest in sorrow, saying, ‘O God, be merciful to me, for I am a sinner.’ <sup>14</sup> I tell you, this sinner, not the Pharisee, returned home justified before God. For those who exalt themselves will be humbled, and those who humble themselves will be exalted.”

### **BACKGROUND ON FASTING**

Fasting and prayer is essential for the Body, Soul and Spirit. It helps unedified bodies of believers for a cause and work (The Great Commission.) If you do not already know of the power and importance of fasting, here are some very important facts:

- Fasting was an expected discipline in both the Old and New Testament church and believers. For example, Moses fasted at least two recorded forty-day periods. Jesus fasted 40 days and reminded His followers to fast, "when you fast," not if you fast.
- Fasting and prayer can restore the loss of the "first love" for your Lord and result in a more intimate relationship with Christ.
- Fasting is a biblical way to truly humble yourself in the sight of God (Psalm 35:13; Ezra 8:21). King David said, "I humble myself through fasting."
- Fasting enables the Holy Spirit to reveal your true spiritual condition, resulting in brokenness, repentance, and a transformed life.
- The Holy Spirit will quicken the Word of God in your heart and His truth will become more meaningful to you!



- Fasting can transform your prayer life into a richer and more personal experience.
- Fasting can result in a dynamic personal revival in your own life-and make you a channel of revival to others.
- Fasting and prayer are the disciplines that fulfill the requirements of II Chronicles 7:14.

### **TYPES OF FASTING**

**FULL FAST** – This type of fast is complete - no food and no drink. Acts 9:9 describes when Paul went on a full fast for three days following his encounter with Jesus on the road to Damascus: "For three days he was blind, and did not eat or drink anything." Esther also called for this type of fast in Esther 4:15-16: "Then Esther sent this reply to Mordecai: 'Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my maids will fast as you do. When this is done, I will go to the king, even though it is against the law. And if I perish, I perish.'"

No Food or Water can be consumed on a Full Fast. It is recommended that this type of fast be done with extreme caution and not for extended periods of time, and only after consultation and authorization from one's doctor if you have any medical issues.

**REGULAR FAST** – Traditionally, a regular fast means refraining from eating all food. Most people still drink water or juice during a regular fast. When Jesus fasted in the desert, the Bible says, "After fasting forty days and forty nights, he was hungry." This verse does not mention Jesus being thirsty.

Types of Food that can be consumed on a Regular Fast: Water / Juice / Smoothies.

**PARTIAL FAST (DANIEL FAST)** – This type of fast generally refers to omitting a specific meal from your diet or refraining from certain types of foods. Daniel 10:2-3 says, "At that time I, Daniel, mourned for three weeks. I ate no choice food; no meat or wine touched my lips; and I used no lotions at all until the three weeks were over." In Daniel 1:12, they restricted their diet to vegetables and water: "Please test your servants for ten days: Give us nothing but vegetables to eat and water to drink."

*During the Daniel Fast, please watch labels and try to avoid, if possible, High fructose corn syrup try to make your fast organic if all possible. Try to make your fast as natural as possible. Foods that may be included in the Daniel Fast include:*

- All fruits. These can be fresh, frozen, dried, juiced or canned. Fruits include but are not limited to apples, apricots, bananas, blackberries, blueberries, boysenberries, cantaloupe, cherries, cranberries, figs, grapefruit, grapes, guava, honeydew melon, kiwi, lemons, limes, mangoes, nectarines, oranges, papayas, peaches, pears, pineapples, plums, prunes, raisins, raspberries, strawberries, tangelos, tangerines, watermelon
- All vegetables. These can be fresh, frozen, dried, juiced or canned. Vegetables include but are not limited to artichokes, asparagus, beets, broccoli, Brussels sprouts, cabbage, carrots, cauliflower, celery, chili peppers, collard greens, corn, cucumbers, eggplant, garlic, ginger root, kale, leeks, lettuce, mushrooms, mustard and collard greens, okra, onions, parsley, potatoes, radishes, rutabagas, scallions, spinach, sprouts, squashes, sweet potatoes, tomatoes, turnips, watercress, yams, zucchini, veggie burgers are an option if you are not allergic to soy.
- All whole grains, including but not limited to whole wheat, brown rice, millet, quinoa, oats, barley, grits, whole wheat pasta, whole wheat tortillas, rice cakes and popcorn.
- All nuts and seeds, including but not limited to sunflower seeds, cashews, peanuts, sesame. Also nut butters including peanut butter.
- All legumes. These can be canned or dried. Legumes include but are not limited to dried beans, pinto beans, split peas, lentils, black eyed peas, kidney beans, black beans, cannellini beans, white beans.
- All quality oils including but not limited to olive, canola, grape seed, peanut, and sesame.
- Beverages: spring water, distilled water or other pure waters.
- Other: tofu, soy products, vinegar, seasonings, salt, herbs and spices.

ALL AUTHORITY  
DAY 1 – MONDAY, JANUARY 1, 2018

**Matthew 28:18-20<sup>NLT</sup>**

<sup>18</sup> Jesus came and told his disciples, "I have been given all authority in heaven and on earth.

<sup>19</sup> Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son

and the Holy Spirit. <sup>20</sup> Teach these new disciples to obey all the commands I have given you.

And be sure of this: I am with you always, even to the end of the age."

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus has All Authority, I must....

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Day 1

Prayer

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ALL AUTHORITY  
DAY 2 – TUESDAY, JANUARY 2, 2018

**Matthew 21:23-25<sup>NLT</sup>**

<sup>23</sup> *When Jesus returned to the Temple and began teaching, the leading priests and elders came up to him. They demanded, “By what authority are you doing all these things? Who gave you the right?”*

<sup>24</sup> *“I’ll tell you by what authority I do these things if you answer one question,” Jesus replied.*

<sup>25</sup> *“Did John’s authority to baptize come from heaven, or was it merely human?” They talked it over among themselves. “If we say it was from heaven, he will ask us why we didn’t believe John.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus has All Authority, I must....

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Day 2

Prayer

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ALL AUTHORITY  
DAY 3 – WEDNESDAY, JANUARY 3, 2018

**Luke 9:1-5<sup>NLT</sup>**

<sup>1</sup> One day Jesus called together his twelve disciples and gave them power and authority to cast out demons and to heal all diseases. <sup>2</sup> Then he sent them out to tell everyone about the Kingdom of God and to heal the sick.

<sup>3</sup> “Take nothing for your journey,” he instructed them. “Don’t take a walking stick, a traveler’s bag, food, money, or even a change of clothes. <sup>4</sup> Wherever you go, stay in the same house until you leave town. <sup>5</sup> And if a town refuses to welcome you, shake its dust from your feet as you leave to show that you have abandoned those people to their fate.”

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus has All Authority, I must....

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Day 3

Prayer

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ALL AUTHORITY  
DAY 4 – THURSDAY, JANUARY 4, 2018

***Jude 1:24-25 (NLT)***

*<sup>24</sup> Now all glory to God, who is able to keep you from falling away and will bring you with great joy into his glorious presence without a single fault. <sup>25</sup> All glory to him who alone is God, our Savior through Jesus Christ our Lord. All glory, majesty, power, and authority are his before all time, and in the present, and beyond all time! Amen.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus has All Authority, I must....

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Day 4

Prayer

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ALL AUTHORITY  
DAY 5 – FRIDAY, JANUARY 5, 2018

**Matthew 9:4-6<sup>NLT</sup>**

<sup>4</sup> *Jesus knew what they were thinking, so he asked them, “Why do you have such evil thoughts in your hearts?”*

<sup>5</sup> *Is it easier to say ‘Your sins are forgiven,’ or ‘Stand up and walk?’*

<sup>6</sup> *So I will prove to you that the Son of Man has the authority on earth to forgive sins.” Then Jesus turned to the paralyzed man and said, “Stand up, pick up your mat, and go home!”*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus has All Authority, I must....

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Day 5

Prayer

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ALL AUTHORITY  
DAY 6 – SATURDAY, JANUARY 6, 2018

**Matthew 12:38**<sup>NLT</sup>

<sup>38</sup> *One day some teachers of religious law and Pharisees came to Jesus and said,*

*“Teacher, we want you to show us a miraculous sign to prove your authority.”*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus has All Authority, I must....

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Day 6

Prayer

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ALL AUTHORITY  
DAY 7 – SUNDAY, JANUARY 7, 2018

**John 5:25-27<sup>NLT</sup>**

*<sup>25</sup> “And I assure you that the time is coming, indeed it’s here now, when the dead will hear my voice—the voice of the Son of God. And those who listen will live. <sup>26</sup> The Father has life in himself, and he has granted that same life-giving power to his Son. <sup>27</sup> And he has given him authority to judge everyone because he is the Son of Man.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus has All Authority, I must....

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Day 7

Prayer

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ALL AUTHORITY  
DAY 8 – MONDAY, JANUARY 8, 2018

**1 Thessalonians 4:1-2<sup>NLT</sup>**

*<sup>1</sup> Finally, dear brothers and sisters, we urge you in the name of the Lord Jesus to live in a way that pleases God, as we have taught you. You live this way already, and we encourage you to do so even more.*

*<sup>2</sup> For you remember what we taught you by the authority of the Lord Jesus.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus has All Authority, I must....

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Day 8

Prayer

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GO & MAKE  
DAY 9 – TUESDAY, JANUARY 9, 2018

**Matthew 28:18-20<sup>NLT</sup>**

<sup>18</sup> Jesus came and told his disciples, “I have been given all authority in heaven and on earth.

<sup>19</sup> Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son

and the Holy Spirit. <sup>20</sup> Teach these new disciples to obey all the commands I have given you.

And be sure of this: I am with you always, even to the end of the age.”

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Go & Make Disciples, I must...

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Day 9

Prayer

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GO & MAKE  
DAY 10 – WEDNESDAY, JANUARY 10, 2018

**Genesis 46:3<sup>NLT</sup>**

<sup>3</sup> *“I am God, the God of your father,” the voice said. “Do not be afraid to go down to Egypt, for there I will make your family into a great nation.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Go & Make Disciples, I must....

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Day 10

Prayer

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GO & MAKE

DAY 11 – THURSDAY, JANUARY 11, 2018

**Galatians 2:1-2<sup>NLT</sup>**

<sup>1</sup> Then fourteen years later I went back to Jerusalem again, this time with Barnabas; and Titus came along, too.

<sup>2</sup> I went there because God revealed to me that I should go. While I was there I met privately with those considered to be leaders of the church and shared with them the message I had been preaching to the Gentiles. I wanted to make sure that we were in agreement, for fear that all my efforts had been wasted and I was running the race for nothing.

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Go & Make Disciples, I must...

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Day 11

Prayer

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GO & MAKE  
DAY 12 – FRIDAY, JANUARY 12, 2018

**Hebrews 10:20-22<sup>NLT</sup>**

<sup>20</sup> *By his death, Jesus opened a new and life-giving way through the curtain into the Most Holy Place.*

<sup>21</sup> *And since we have a great High Priest who rules over God's house,*

<sup>22</sup> *let us go right into the presence of God with sincere hearts fully trusting him. For our guilty consciences have been sprinkled with Christ's blood to make us clean, and our bodies have been washed with pure water.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Go & Make Disciples, I must...

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Day 12

Prayer

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GO & MAKE  
DAY 13 – SATURDAY, JANUARY 13, 2018

**Genesis 35:1<sup>NRSV</sup>**

*<sup>1</sup> God said to Jacob, "Arise, go up to Bethel, and settle there.*

*Make an altar there to the God who appeared to you when you fled from your brother Esau."*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Go & Make Disciples, I must....

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Day 13

Prayer

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GO & MAKE  
DAY 14 – SUNDAY, JANUARY 14, 2018

**Genesis 35:2-4<sup>NRSV</sup>**

*<sup>2</sup> So Jacob said to his household and to all who were with him, "Put away the foreign gods that are among you, and purify yourselves, and change your clothes; <sup>3</sup> then come, let us go up to Bethel, that I may make an altar there to the God who answered me in the day of my distress and has been with me wherever I have gone." <sup>4</sup> So they gave to Jacob all the foreign gods that they had, and the rings that were in their ears; and Jacob hid them under the oak that was near Shechem.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Go & Make Disciples, I must....

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Day 14

Prayer

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GO & MAKE  
DAY 15 – MONDAY, JANUARY 15, 2018

**Exodus 32:30**<sup>NRSV</sup>

<sup>30</sup> *On the next day Moses said to the people, "You have sinned a great sin. But now I will go up to the Lord; perhaps I can make atonement for your sin."*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Go & Make Disciples, I must....

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Day 15

Prayer

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GO & MAKE  
DAY 16 – TUESDAY, JANUARY 16, 2018

***Psalms 85:13<sup>NRSV</sup>***

*<sup>13</sup> Righteousness will go before him, and will make a path for his steps.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Go & Make Disciples, I must....

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Day 16

Prayer

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BAPTIZE

DAY 17 – WEDNESDAY, JANUARY 17, 2018

**Matthew 28:18-20<sup>NLT</sup>**

<sup>18</sup> Jesus came and told his disciples, “I have been given all authority in heaven and on earth.

<sup>19</sup> Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son

and the Holy Spirit. <sup>20</sup> Teach these new disciples to obey all the commands I have given you.

And be sure of this: I am with you always, even to the end of the age.”

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Baptize Disciples, I must....

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Day 17

Prayer

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BAPTIZE  
DAY 18 – THURSDAY, JANUARY 18, 2018

**Matthew 3:7-8<sup>NLT</sup>**

*<sup>7</sup> But when he saw many Pharisees and Sadducees coming to watch him baptize, he denounced them.*

*“You brood of snakes!” he exclaimed. “Who warned you to flee God’s coming wrath?”*

*<sup>8</sup> Prove by the way you live that you have repented of your sins and turned to God.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Baptize Disciples, I must....

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Day 18

Prayer

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BAPTIZE  
DAY 19 – FRIDAY, JANUARY 19, 2018

**Matthew 3:11<sup>NLT</sup>**

*<sup>11</sup> “I baptize with water those who repent of their sins and turn to God. But someone is coming soon who is greater than I am—so much greater that I’m not worthy even to be his slave and carry his sandals. He will baptize you with the Holy Spirit and with fire.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Baptize Disciples, I must....

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Day 19

Prayer

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BAPTIZE  
DAY 20 – SATURDAY, JANUARY 20, 2018

**Matthew 3:13-14<sup>NLT</sup>**

<sup>13</sup> Then Jesus went from Galilee to the Jordan River to be baptized by John.  
<sup>14</sup> But John tried to talk him out of it. “I am the one who needs to be baptized by you,”  
he said, “so why are you coming to me?”

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Baptize Disciples, I must....

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Day 20

Prayer

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BAPTIZE  
DAY 21 – SUNDAY, JANUARY 21, 2018

**Matthew 3:15-17<sup>NLT</sup>**

<sup>15</sup> But Jesus said, “It should be done, for we must carry out all that God requires.”

So John agreed to baptize him. <sup>16</sup> After his baptism, as Jesus came up out of the water, the heavens were opened and he saw the Spirit of God descending like a dove and settling on him.

<sup>17</sup> And a voice from heaven said, “This is my dearly loved Son, who brings me great joy.”

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Baptize Disciples, I must....

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Day 21

Prayer

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BAPTIZE  
DAY 22 – MONDAY, JANUARY 22, 2018

**John 4:1-2<sup>NLT</sup>**

*<sup>1</sup> Jesus knew the Pharisees had heard that he was baptizing and making more disciples than John*

*<sup>2</sup> (though Jesus himself didn't baptize them—his disciples did).*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Baptize Disciples, I must....

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Day 22

Prayer

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BAPTIZE

DAY 23 – TUESDAY, JANUARY 23, 2018

**Jeremiah 32:40-41<sup>ESV</sup>**

*<sup>40</sup> I will make with them an everlasting covenant, that I will not turn away from doing good to them.*

*And I will put the fear of me in their hearts, that they may not turn from me.*

*<sup>41</sup> I will rejoice in doing them good, and I will plant them in this land in faithfulness, with all my heart and all my soul.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Baptize Disciples, I must....

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Day 23

Prayer

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BAPTIZE

DAY 24 – WEDNESDAY, JANUARY 24, 2018

**Matthew 16:24-26<sup>NLT</sup>**

*<sup>24</sup> Then Jesus said to his disciples, “If any of you wants to be my follower, you must turn from your selfish ways, take up your cross, and follow me.*

*<sup>25</sup> If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it.*

*<sup>26</sup> And what do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul?*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Baptize Disciples, I must....

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Day 24

Prayer

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TEACH  
DAY 25 – THURSDAY, JANUARY 25, 2018  
**Matthew 28:18-20<sup>NLT</sup>**

*<sup>18</sup> Jesus came and told his disciples, “I have been given all authority in heaven and on earth.*

*<sup>19</sup> Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. <sup>20</sup> Teach these new disciples to obey all the commands I have given you.*

*And be sure of this: I am with you always, even to the end of the age.”*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Teach Disciples, I must....

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Day 25

Prayer

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TEACH  
DAY 26 – FRIDAY, JANUARY 26, 2018

***Psalm 94:18-19<sup>NLT</sup>***

*<sup>18</sup> I cried out, "I am slipping!" but your unfailing love, O Lord, supported me.*

*<sup>19</sup> When doubts filled my mind, your comfort gave me renewed hope and cheer.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Teach Disciples, I must....

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Day 26

Prayer

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TEACH  
DAY 27 – SATURDAY, JANUARY 27, 2018

**Psalm 119:95-96<sup>NLT</sup>**

<sup>95</sup> *Though the wicked hide along the way to kill me, I will quietly keep my mind on your laws.*

<sup>96</sup> *Even perfection has its limits, but your commands have no limit.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Teach Disciples, I must....

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Day 27

Prayer

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TEACH  
DAY 28 – SUNDAY, JANUARY 28, 2018

***Psalm 119:169-170<sup>NLT</sup>***

<sup>169</sup> *O Lord, listen to my cry; give me the discerning mind you promised.*

<sup>170</sup> *Listen to my prayer; rescue me as you promised.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Teach Disciples, I must....

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Day 28

Prayer

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TEACH

DAY 29 – MONDAY, JANUARY 29, 2018

**Romans 7:21-25<sup>NLT</sup>**

*<sup>21</sup> I have discovered this principle of life—that when I want to do what is right, I inevitably do what is wrong.*

*<sup>22</sup> I love God’s law with all my heart. <sup>23</sup> But there is another power within me that is at war with my mind.*

*This power makes me a slave to the sin that is still within me.*

*<sup>24</sup> Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death?*

*<sup>25</sup> Thank God! The answer is in Jesus Christ our Lord. So you see how it is: In my mind I really want to obey God’s law, but because of my sinful nature I am a slave to sin.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Teach Disciples, I must...

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Day 29

Prayer \_\_\_\_\_

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TEACH  
DAY 30 – TUESDAY, JANUARY 30, 2018

**Mark 5:15<sup>ASV</sup>**

*<sup>15</sup> And they come to Jesus, and behold him that was possessed with demons sitting, clothed and in his right mind, even him that had the legion: and they were afraid.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Teach Disciples, I must....

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Day 30

Prayer

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TEACH

DAY 31 – WEDNESDAY, JANUARY 31, 2018

**Romans 12:1-2<sup>NIV</sup>**

*<sup>1</sup> Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices,*

*holy and pleasing to God--this is your spiritual act of worship.*

*<sup>2</sup> Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.*

*Then you will be able to test and approve what God's will is--his good, pleasing and perfect will.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Teach Disciples, I must....

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Day 31

Prayer

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TEACH  
DAY 32 – THURSDAY, FEBRUARY 1, 2018

**Romans 15:5-6<sup>ASV</sup>**

*<sup>5</sup> Now the God of patience and of comfort grant you to be of the same mind one with another according to Christ Jesus:*

*<sup>6</sup> that with one accord ye may with one mouth glorify the God and Father of our Lord Jesus Christ.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Teach Disciples, I must....

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Day 32

Prayer

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BE SURE  
DAY 33 – FRIDAY, FEBRUARY 2, 2018

**Matthew 28:18-20<sup>NLT</sup>**

<sup>18</sup> Jesus came and told his disciples, “I have been given all authority in heaven and on earth.

<sup>19</sup> Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son

and the Holy Spirit. <sup>20</sup> Teach these new disciples to obey all the commands I have given you.

And be sure of this: I am with you always, even to the end of the age.”

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Be Sure that He is always with me, I must....

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Day 33

Prayer

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BE SURE  
DAY 34 –SATURDAY, FEBRUARY 3, 2018

***Psalms 28:6-7<sup>NLT</sup>***

*<sup>6</sup> Praise the Lord! For he has heard my cry for mercy.*

*<sup>7</sup> The Lord is my strength and shield. I trust him with all my heart. He helps me, and my heart is filled with joy. I burst out in songs of thanksgiving.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Be Sure that He is always with me, I must....

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Day 34

Prayer

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BE SURE  
DAY 35 – SUNDAY, FEBRUARY 4, 2018

***Psalms 28:8<sup>NLT</sup>***

*<sup>8</sup> The Lord gives his people strength. He is a safe fortress for his anointed king.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Be Sure that He is always with me, I must....

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Day 35

Prayer

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BE SURE

DAY 36 – MONDAY, FEBRUARY 5, 2018

**Isaiah 45:23-24<sup>NLT</sup>**

<sup>23</sup> *I have sworn by my own name; I have spoken the truth, and I will never go back on my word:*

*Every knee will bend to me, and every tongue will confess allegiance to me.”*

<sup>24</sup> *The people will declare, “The Lord is the source of all my righteousness and strength.”*

*And all who were angry with him will come to him and be ashamed.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Be Sure that He is always with me, I must....

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Day 36

Prayer

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BE SURE  
DAY 37 – TUESDAY, FEBRUARY 6, 2018

**Revelation 3:8<sup>NLT</sup>**

<sup>8</sup> *“I know all the things you do, and I have opened a door for you that no one can close.*

*You have little strength, yet you obeyed my word and did not deny me.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Be Sure that He is always with me, I must....

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Day 37

Prayer

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BE SURE

DAY 38 – WEDNESDAY, FEBRUARY 7, 2018

**2 Timothy 1:8-9<sup>NLT</sup>**

*<sup>8</sup> So never be ashamed to tell others about our Lord. And don't be ashamed of me, either, even though I'm in prison for him. With the strength God gives you, be ready to suffer with me for the sake of the Good News.*

*<sup>9</sup> For God saved us and called us to live a holy life. He did this, not because we deserved it, but because that was his plan from before the beginning of time—to show us his grace through Christ Jesus.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Be Sure that He is always with me, I must....

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Day 38

Prayer

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BE SURE  
DAY 39 – THURSDAY, FEBRUARY 8, 2018

**1 Peter 4:11**<sup>NRSV</sup>

*<sup>11</sup> Whoever speaks must do so as one speaking the very words of God; whoever serves must do so with the strength that God supplies, so that God may be glorified in all things through Jesus Christ. To him belong the glory and the power forever and ever. Amen.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Be Sure that He is always with me, I must....

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Day 39

Prayer \_\_\_\_\_

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BE SURE  
DAY 40 – FRIDAY, FEBRUARY 9, 2018

***Philippians 4:13<sup>NLT</sup>***

*<sup>13</sup> For I can do everything through Christ, who gives me strength.*

Scripture Focus – Notes/Thoughts/Insight

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Since Jesus commands me to Be Sure that He is always with me, I must....

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Day 40

Prayer

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DAY 41 – SATURDAY, FEBRUARY 10 – DAY 365 –  
SUNDAY, DECEMBER 31, 2018

I thank God for blessing me with the opportunity and support to complete the 2018 FCOG 40 Day Fast to give Him praise, honor and glory. Throughout this Fast, I have grown closer to God the Father, Jesus Christ and the Holy Spirit by practicing the Spiritual Disciplines of Lectio Divina and Christian Spiritual Formation Journaling, and learning how to be 100% Devoted & Invested.

I commit unto God that for the remainder of 2018, I will work and ask God to help me implement on a daily basis one thing in each area where I will apply and live out on a daily basis The Great Commission through being 100% Devoted & Invested. I will glorify and praise God through His active work in my life in each of these areas I have listed below. In Jesus' Name I pray. Amen.

**Matthew 28:18-20<sup>NLT</sup>**

*<sup>18</sup> Jesus came and told his disciples, "I have been given all authority in heaven and on earth.*

*<sup>19</sup> Therefore, go and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit. <sup>20</sup> Teach these new disciples to obey all the commands I have given you.*

*And be sure of this: I am with you always, even to the end of the age."*

ALL AUTHORITY

Since Jesus has All Authority, I must....

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GO & MAKE

Since Jesus commands me to Go & Make Disciples, I must....

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BAPTIZE

Since Jesus commands me to Baptize Disciples, I must....

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TEACH

Since Jesus commands me to Teach Disciples, I must....

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BE SURE

Since Jesus commands me to Be Sure that He is always with me, I must....

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